

Editorial

Corona virus –A Real Danger Alarm in Pakistan.

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Viral infections are common all over the world. Sometimes they result in outbreaks leading to high morbidities and mortalities. Currently in the world the infection of corona virus has created a panic situation all over the world targeting the different countries of the world. China is the main victim of corona virus. Now the countries of the world are left behind. At present most of the world countries are affected by corona virus outbreaks, only the valid management options are prevention and precautionary measurements up to now. No current effective treatment is being approved by FDA, only supportive therapy is there and hypothesis based therapies are there. Nowadays it is a major killer of human beings as claimed all over the world and Pakistan. No. of patients is increasing day by day here. Social distance is failing here. If we had not adopted the prevention and precaution protocol definitely there will be an unmanageable dangerous situation. At last water will be beyond the human heads. In parallel to the rest of the world this panic situation has been alarmed in Pakistan because many peoples of Pakistan are working, studying in different areas of China. This virus can be easily transmitted so the persons who travel from the phobia of corona virus may carry or transmit viruses to different countries. The brief description of virus is that Corona virus malady 2019 (COVID-19) is an irresistible ailment brought about by SARS-CoV-2.¹ Corona viruses are an enormous group of infections found in the two creatures and people. Some contaminate individuals and

are known to cause ailments extending from the normal virus to progressively extreme illnesses, for example, Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS). A progressing flare-up of corona virus malady 2019 (COVID-19), brought about by SARS-CoV-2, began in December 2019. It was first distinguished in Wuhan, the capital of Hubei, China.² The infection is essentially spread between individuals by respiratory beads created during hacking or sneezing.³ The time among introduction and manifestation beginning is normally 2 to 14 days.⁴ Symptoms may incorporate fever, hack, and brevity of breath.⁵ Complications may incorporate pneumonia and intense respiratory pain disorder. There is no antibody or explicit antiviral treatment, with endeavors regularly targeting overseeing side effects and strong therapy.⁶ Hand washing is prescribed to forestall the disease.⁷ Anyone who is associated with conveying the infection is encouraged to screen their wellbeing for about fourteen days, wear a careful cover, and look for clinical counsel by calling a specialist before visiting a clinic.⁸ There is a great phobia in this direction in Pakistan. Fearing a similar virus outbreak in Pakistan, the authorities fumigate every container imported from China which he said is delaying the clearance procedure and traders who have invested billions of dollars in import business, are facing huge losses. Pakistan is not practically prepared for corona virus except the media trials. There are no equipments vastly available here, material methods are poor, and we shout loud but do little. Understanding when tainted patients may spread the infection to

others is basic for control endeavors. Point by point clinical data from individuals contaminated is expected to decide the irresistible time of 2019-nCoV. As indicated by ongoing reports, it might be conceivable that individuals tainted with 2019-nCoV might be irresistible before demonstrating noteworthy side effects. Be that as it may, in light of right now accessible information, the individuals who have indications are causing most of infection spread.

WHO has given counsel to individuals on the best way to shield themselves from 2019-nCoV disease, with respect to any infection that spreads by means of the respiratory course? Moreover, it is fundamentally significant in social insurance settings that medicinal services laborers can shield themselves from disease.

Individuals getting bundles are not in danger of getting the new corona virus. For a fact with different corona viruses, we realize that these sorts of infections don't endure long on objects, for example, letters or bundles. No, anti-microbials don't neutralize infections; they just work on bacterial diseases. The epic corona virus is an infection and, consequently, anti-toxins ought not to be utilized as methods for counteraction or treatment. Until now, there is no particular medication prescribed to forestall or treat the novel corona virus. Be that as it may, those contaminated with 2019-nCoV ought to get suitable consideration to ease and treat side effects, and those with extreme ailment should get improved strong consideration. Some particular medicines are under scrutiny and will be tried through clinical preliminaries. Why should helping coordinate endeavors to create

prescriptions to treat n-CoV with a scope of accomplices? On the off chance that you need to shield yourself from getting tainted with the new corona virus, you ought to keep up essential hand and respiratory cleanliness, and safe nourishment rehearses and staying away from close contact, whenever the situation allows, with anybody indicating manifestations of respiratory disease, for example, hacking and sniffing. In late December, a bunch of pneumonia instances of obscure etiology was accounted for by wellbeing experts in Wuhan, Hubei Province, People's Republic of China. The underlying cases for the most part had epidemiological connects to the Huanan Seafood Wholesale Market and therefore the infection is thought to have a zoonotic source. The China CDC announced toward the beginning of January that the causative specialist was a novel corona virus (presently called SARS-CoV-2), which is firmly identified with bat corona viruses, pangolin corona viruses and SARS-CoV-1. Proof shows that the transmissibility of the corona virus is adequate for supported network transmission and privately obtained cases have been accounted for over the world, alongside a few deaths.⁹ According to accessible proof, the transmissibility of this infection is surveyed as adequate for continued network transmission. Further cases and passing's in China are normal in the coming days and weeks. Further cases or bunches are likewise anticipated from different nations that are as of now revealing expanding quantities of cases, including network transmission. In this way, wellbeing experts in the EU/EEA and the UK ought to stay careful and fortify their ability to react to conceivable

importation of cases from China or, possibly, different territories with assumed progressing network transmission; increment their ability for observation and survey their pandemic readiness plans. There are extensive vulnerabilities in evaluating the danger of this occasion, because of absence of nitty gritty epidemiological examinations. Hand washing is prescribed to forestall the spread of corona virus. The CDC prescribes that people:

A few associations around the globe are creating immunizations or testing antiviral medication. In China, the Chinese Center for Disease Control and Prevention (CCDC) has begun creating immunizations against the novel corona virus and is trying existing medication adequacy for pneumonia.^{10,11} Also, a group at the University of Hong Kong declared that another antibody is grown, however should be tried on creatures before directing clinical tests on humans.¹²

For our nation it is necessary to adopt the precautionary management options with strict entry checking's of travelers and material contain the risk of transmission of corona virus at the borders, airports, land ports and seaports. We have to stop the entry at each and every corner otherwise

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any kind of misfortune may occur. We are not in such stable economical position that we can face the type of crises at national and international levels. Corona virus had created a great human phobia all over the world and responsible for the down fall of economy of china. Main option here is only take preventive steps, as there is no valid vaccine and treatment available to control this global viral issue.

Up to this level the number of COVID-19 in Pakistan is increasing day by day, initially blamed for foreign travel and now local transmission is increasing daily due to poor concept of social distance. We are at great risk of viral breakdown that may cross the other leading countries of world.

Remember the corona virus will affect billions, will ill millions and will kill thousand lacs all over the world. Till that only prevention and precaution can are main life saving procedures till the availability of treatment drugs and preventable vaccine. Stay home stay safe is the valid slogan.

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